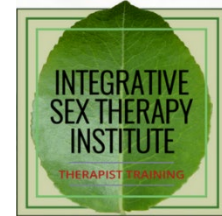




# Certified Sex Therapist Informed Professional (CSTIP)



Thank you for joining us on your journey as a sex therapist!

## Handouts for CSTIP

CSTIP includes select articles and handouts in addition to the course materials available through PESI. If you need those documents, you can [download them here](#). (This is a private page for CISTP candidates only.)

## If you've finished your CSTIP, Congratulations! What's next?

Your CSTIP designation opens valuable doors into the next phase of your practice. You can:

- Build client confidence in your sex therapy practice
- Attract new clients with diverse situations
- Further your education with ISTI classes online
- Apply to ISTI with CSTIP credits as a boost to reach Certified Sex and Couples Therapist (CSCT)
- Move forward with dual certification ISTI and AASECT
- Renew your CSTIP in 3 years!

CSTIPs are uniquely eligible to apply to the ISTI program and pursue full certification as a Certified Sex and Couples Therapist (CSCT) through the Integrative Sex Therapy Institute. The CSTIP course transfers directly into ISTI as credit for 18 hours, an essential first step in coursework for your CSCT designation.

You can also use your CSTIP to pursue certification with AASECT. More info on that in a below.

## Why choose a CSCT?

The future of this field demands that clinical professionals integrate both sex therapy and relationship counseling in order to keep up with the challenges of contemporary practice. Integrative Sex and Couples Therapy is a new field of learning that builds on sex therapy and relationship therapy and adds a third area: alternative forms of treatment designed specifically to meet the needs of today's clients.

In addition to expert lecturers at the top of their game, ISTI provides years of solid service in the sex therapy and couples therapy field. Unique courses keep our material on-topic and up to date, while small classes keep students in touch with the opportunities to learn.

## How close are you to earning your CSCT?

All 18 hours of your coursework for CSTIP will transfer to ISTI. In order to earn your Certified Sex and Couples Therapist designation, are required to have:

- 50 hours Sex Therapy; Healing the Sexual Space courses (Category 1)
- 30 hours Couples Therapy; Relating in Relationship courses (Category 2)
- 15 hours Integrative Therapy; Alternative Intervention courses (Category 3)
- 14 hours SAR
- 50 hours supervision (10 Integrative)



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ISTI applies your 18 CSTIP hours to the total coursework hours you need for CSCT. The CSTIP coursework applies to CSCT standards like this:

- Category 1 – 8 hours
- Category 2 – 5 hours
- Category 3 – 5 hours

After your CSTIP hours are considered, you'll be 16% of the way to certification. To earn your CSCT you will then need:

- 12 months flexible learning between recorded eLearn and live sessions
- 42 hours Sex Therapy; Healing the Sexual Space courses (Category 1)
- 25 hours Couples Therapy; Relating in Relationship courses (Category 2)
- 10 hours Integrative Therapy; Alternative Intervention courses (Category 3)
- 14 hours SAR
- 48 hours supervision (10 Integrative)

## Thinking about AASECT certification?

CSTIP provides you with 9 hours\* toward certification with [AASECT](#). AASECT is an industry standard in sex therapy, and you can still take your classes through ISTI and get the same great instruction. Your CSTIP hours apply to the therapist standards this way:

- 8 hours Sex Education = 4 hours to AASECT
- 10 Sex Therapy = 5 hours to AASECT

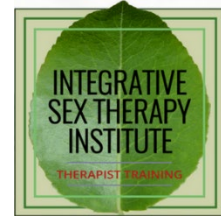
\*AASECT credits non-AASECT approved programs at 2 hrs = 1 hr. The certificate issued by the organization must reflect the AASECT provider's information to be valid and accepted by AASECT on the 1 hour = 1 hour rate.

After your transfer credits from CSTIP, your Certified Sex Therapist pathway will require:

- 80 hours Sex Education
- 36 hours Sex Therapy
- 16 hours Integrative Therapy
- 14 hours SAR
- 50 hours supervision



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## When do I sign up for supervision?

Supervision is a foundational part of your training and can begin any time you are working with clients, but we recommend that you start supervision sooner rather than wait until courses are completed. You can learn about Dr. Nelson's supervision for groups and individuals [here](#).

Schedule supervision with one of our integrative supervisors (10 hour minimum) or [join the wait list](#) to receive supervision notices for the next available group or individual selection. General supervisors can be either AASECT approved or ISTI approved.

## Ready to start?

You can [enroll at ISTI here](#).

Do you have more questions? [Talk to the registrar to get started](#).

## Renewal

CSTIP's designation expires after 3 years. You can renew your certificate by attending 10 hours of selected courses every 3 years with 2 hours in a consult group through ISTI. [Email the Registrar](#) to assist with this process.